

ON FIELD BAG CHECKLIST (Seniors guide only)

✓	QTY	Item
☐	2	50mm Rigid
☐	2	38mm Rigid
☐	1	25mm Rigid
☐	1	12.5mm Rigid
☐	3	75mm Stretch/Blood
☐	3	50mm Stretch/Blood
☐	3	25mm Stretch/Blood
☐	1 Roll	100mm Fixomull
☐	1 Roll	50mm Fixomull
☐		Massage Oil
☐		Heat Rub/Cream
☐		Grippe
☐		Vaseline
☐		Alcohol Wipes
☐	1 Roll	Foam
☐	1 Roll	Electrical Tape
☐	2	Heat Blanket
☐	4	Saline Solution
☐	Box	Assorted Band-aids
☐	Box	Assorted Steristrips/Butterfly Strips
☐		Betadine Swabs
☐	Box	Assorted Size Gloves
☐		Gauze
☐		Nose Plugs
☐	5	Assorted Combine Dressings
☐	5	Eye Pads
☐	2	Sling
☐	2	50mm Compression Bandage
☐	2	100mm Compression Bandage
☐	1 Can	Adhesive Spray

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[illegible]

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