

Junior Sports First Aid Kits - Junior

From U-8 to U-14

Blood towels x 6

Hand towels x 2

Vaseline

Concussion protocol and forms for these age groups

Accident report forms

Electrical insulation tape x 2

25 wide stretch tape x 2

Instant Ice Packs (3-4 minimum)

Compression/Crepe Bandages (5cm, 7.5cm, and 10cm sizes)

Antiseptic Wipes or Spray

Adhesive Bandages (Plasters) Assorted sizes

Sterile Gauze Pads/Dressings Various sizes

Non-Adherent Dressings

Blister Pads/Covers

Butterfly Closures/Steristrip

Disposable Gloves (Nitrile/Latex Free) 2-4 pairs.

Scissors (Rounded Tip/Shears)

Tweezers

Pocket Mask/CPR Face Shield

Biohazard Bags

U-16

All of the above AND

Concussion protocol and forms for age 14 and above

38 rigid tape x 4

50 rigid tape x 4

Metsal heat rub x 1

Rub Oil x 1 small squeeze bottle

Ice cubes ice packs with ice bags

Nasal plugs