# Football Start of Season

CLUB:

**DATE OF CHECK:** 

## **DEFIBRILLATOR**

- Is your defibrillator working? Are the pads and battery in date?
  - Who checks this each match day to ensure it is emergency ready?
  - Is there signage to direct people to where the defib is located?
- Contact Red medical for replacement supplies.

#### STRETCHER

- Do you have a stretcher for the field? Is it in good working order? Is it free from damage?
- How is this accessed during the game if it is needed? Do all team trainers know this?
- Time to upgrade the stretchers, contact Red Medical for a quote on a new or used stretcher.

### AMBULANCE

- In a life threatening emergency (such as cardiac arrest) and an emergency ambulance needs to enter the field, is the ground unlocked during the game if not who has the key at all times and do trainers know how to get it unlocked?
- In a non-life threatening incident, is there a designated emergency ambulance parking bay that has signage and is kept clear?
- Rather than calling an ambulance or sending someone to hospital, do you know where your nearest Priority Primary Care centre is and what they do (including xray potential broken bones)?

#### FIRST AID SUPPLIES

- Does each team trainer have a list of what should be in their first aid kit?
- Check what has been used from each team's trainers first aid kit in the first half of the season and restock items?
- Is anything out of date? Prompt team trainers to check expiry dates of items that expire such as saline, wounds cleaning items like antiseptic, wound dressings, etc

## FIRST AID TRAINING

- Are all qualifications valid and not expired?
- Do we have enough people trained in case someone is sick of injured

# Football Club First Aid To Do List

FIRST AID ITEM	ACTIONS TO TAKE	DATE BY	PERSON RESPONSIBLE